PARCOURS VTT GARMIN				
Direction	Date	Distance	Dénivelé	Lien
Ambleville	15/02/2015	60,16 Km	676 M	https://connect.garmin.com/modern/activity/697905273
Aubevoye	04/01/2015	50,42 Km	593 M	https://connect.garmin.com/modern/activity/664864840
Aubevoye	06/01/2019	56,91 Km	420 M	https://connect.garmin.com/modern/activity/3276811806
Bizy	04/02/2018	37,88 Km	383 M	https://connect.garmin.com/modern/activity/2477203086
Bois Jérome	24/11/2013	43,90 Km	460 M	https://connect.garmin.com/modern/activity/408069222
Bus-Saint-Rémy	05/11/2017	64,22 Km	596 M	https://connect.garmin.com/modern/activity/2295502980
Chambray	30/12/2018	57,32 Km	547 M	https://connect.garmin.com/modern/activity/3257983833
Chérence	01/02/2015	47,30 Km	514 M	https://connect.garmin.com/modern/activity/687429733
Ecos	25/02/2018	48,46 Km	642 M	https://connect.garmin.com/modern/activity/2520195373
Fontaine sous Jouy	09/11/2014	47,21 Km	623 M	https://connect.garmin.com/modern/activity/629368674
Fontaine sous Jouy	12/02/2017	54 Km	600 M	https://connect.garmin.com/modern/activity/1569647046
Forêt de La Roche Guyon	02/12/2018	60,84 Km	637 M	https://connect.garmin.com/modern/activity/3199146262
Fourges	23/11/2014	47,39 Km	371 M	https://connect.garmin.com/modern/activity/638185947
Fourges	08/01/2017	52,43 Km	687 M	https://connect.garmin.com/modern/activity/1515616178
Genainville	27/10/2013	62,17 Km	721 M	https://connect.garmin.com/modern/activity/396089344
La Chapelle Réanville	14/01/2018	44,54 Km	424 M	https://connect.garmin.com/modern/activity/2433742559
La Forêt de Rosny	13/10/2013	49,33 Km	639 M	https://connect.garmin.com/modern/activity/389643778
La Forêt de Rosny	18/02/2018	49,08 Km	492 M	https://connect.garmin.com/modern/activity/2505415690
La Forêt de Rosny	16/12/2018	56,32 Km	389 M	https://connect.garmin.com/modern/activity/3228035176
La Fosse au Diable	15/12/2013	54,24 Km	616 M	https://connect.garmin.com/modern/activity/415904557
La Roche Guyon	26/02/2017	60,09 Km	588 M	https://connect.garmin.com/modern/activity/1592423314
La Vernonnaise tout terrain	09/10/2016	89,08 Km	1270 M	https://connect.garmin.com/modern/activity/1397832450
Le Bois D'Ecos	27/11/2016	49,19 Km	519 M	https://connect.garmin.com/modern/activity/1462683609
Le Hallot-Notre dame de Bonne Nouvelle	03/11/2013	68,67 Km	721 M	https://connect.garmin.com/modern/activity/399204762
Les Andelys-Le chemin du Hamel	08/02/2015	56,72 Km	412 M	https://connect.garmin.com/modern/activity/692564772
Les Douaires	20/10/2013	54,32 Km	514 M	https://connect.garmin.com/modern/activity/392998988
L'Hivernale-Gravigny	14/12/2014	58,83 Km	592 M	https://connect.garmin.com/modern/activity/650659785
Mousseaux sur seine-La base de loisirs	22/12/2013	57,71 Km	449 M	https://connect.garmin.com/modern/activity/418304849
Mousseaux sur seine-La base de loisirs	22/02/2015	58,25 Km	300 M	https://connect.garmin.com/modern/activity/703282924
Nézé	28/12/2014	31,71 Km	472 M	https://connect.garmin.com/modern/activity/658424200
Panilleuse	08/12/2013	47,18 Km	534 M	https://connect.garmin.com/modern/activity/413569224
Port-Mort	11/12/2016	51,18 Km	610 M	https://connect.garmin.com/modern/activity/1479523102
Randonnée des vergers d' houlbec-Cocherel	01/12/2013	55,75 Km	670 M	https://connect.garmin.com/modern/activity/410770359
Vernonnaise 2011	16/10/2011	100,39 Km	1515 M	https://www.openrunner.com/r/10675534
Vernonnaise 2012	07/10/2012	108,62 Km	1413 M	https://www.openrunner.com/r/10675504
Vernonnaise 2013	05/10/2013	90,67 Km	1407 M	https://connect.garmin.com/modern/activity/386491896
Vernonnaise 2014	18/10/2014	59,97 Km	945 M	https://www.openrunner.com/r/10675501
Vernonnaise 2014	18/10/2014	32,70 Km	456 M	https://www.openrunner.com/r/10675516
Vernonnaise 2014	18/10/2014	55,76 Km	804 M	https://www.openrunner.com/r/10675517
Vernonnaise 2014 Famille	18/10/2014	28,50 Km	155 M	https://www.openrunner.com/r/10675508
Vernonnaise 2014 Sportif	18/10/2014	37 Km	437 M	https://www.openrunner.com/r/10675514
Vernonnaise 2015	11/10/2015	26,43 Km	390 M	https://www.openrunner.com/r/10666416
Vernonnaise 2015	11/10/2015	21,66 Km	303 M	https://www.openrunner.com/r/10666406
Vernonnaise 2015	11/10/2015	51,57 Km	758 M	https://www.openrunner.com/r/10666404
Vernonnaise 2015	11/10/2015	38,36 Km	343 M	https://www.openrunner.com/r/10666394
Vernonnaise 2016	09/10/2016	40 Km	223 M	https://www.openrunner.com/r/10666430
Vernonnaise 2017	15/10/2017	92,32 Km	1070 M	https://connect.garmin.com/modern/activity/2113864849
Vernonnaise 2017	15/10/2017	25,85 Km	441 M	https://www.openrunner.com/r/10666458
Vernonnaise 2017	15/10/2017	52,99 Km	687 M	https://www.openrunner.com/r/10666453
Vernonnaise 2017	15/10/2017	39,60 Km	261 M	https://www.openrunner.com/r/10666442
Villers en Arthies	21/12/2014	62,26 Km	616 M	https://connect.garmin.com/modern/activity/654266746
Villers en Arthies	15/01/2017	61,58 Km	507 M	https://connect.garmin.com/modern/activity/1526200171
Villers En Arthies	03/02/2019	69,56 Km	583 M	https://connect.garmin.com/modern/activity/3352286066
Villers sur le Roule	25/01/2015	45,28 Km	295 M	https://connect.garmin.com/modern/activity/681983731
Villers sur le Roule	10/11/2013	50,15 Km	560 M	https://connect.garmin.com/modern/activity/402274372